



PRESS INFORMATION

WSAVA Webinar to Highlight Strategies for Success in Promoting the Wellness of Veterinary Teams

4.00 pm UTC, Wednesday March 3 2021

In the face of growing concerns about veterinary wellness globally, the World Small Animal Veterinary Association's (WSAVA's) Professional Wellness Group is to host a free webinar, '**Veterinary wellness - Strategies for success**'. During the webinar, speakers will set out the strategies they have used, both to boost their own well-being and that of the teams around them.

Speakers, including Canadian veterinarian Dr Sarah Boston and Dr Liz Barton, founder of Wellvet.co.uk in the UK, will discuss strategies for success and share their top tips and advice. They will also participate in a live Q&A. The webinar will be hosted by clinical psychologist Dr Nienke Endenburg, Chair of the WSAVA Professional Wellness Group. Dr Endenburg teaches veterinary students at the University of Utrecht in the Netherlands how to manage their own wellness during vet school and beyond.

Commenting, Dr Endenburg said: "Our speakers have some inspiring personal stories and great advice to share. Whether you're feeling great or in need of some help to get some balance back, you'll find something positive from our webinar to make your professional and personal lives more fulfilling.

“The veterinary profession can be tough but, by working together, we really can create positive change, both for ourselves and for those around us. It’s time to step up and take action. Joining our webinar is a great way to start!”

To join the webinar, visit the event page: <https://wsava.org/news/events/wsava-webinar-veterinary-wellness/>

The WSAVA Professional Wellness Group aims to support the health and well-being of all veterinary professionals through raising awareness and creating the tools and resources necessary to support veterinary teams. Its work is generously supported by Hill’s Pet Nutrition, a Gold Partner of the WSAVA.

The [WSAVA](#) represents more than 200,000 veterinarians worldwide through its 113 member associations and works to enhance standards of clinical care for companion animals. Its core activities include the development of WSAVA Global Guidelines in key areas of veterinary practice, including pain management, nutrition and vaccination, together with lobbying on important issues affecting companion animal care worldwide. WSAVA World Congress brings together globally respected experts to offer cutting edge thinking on all aspects of companion animal veterinary care.

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Date of issue: xx February 2021